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Stanford Rock North Lake Tahoe (Advanced)



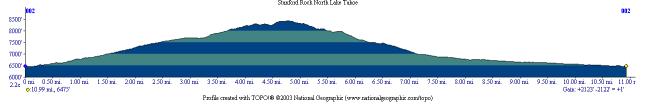
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From Reno, NV., take I-80 west to Truckee. Follow the signs to Hwy 89 south to North Lake Tahoe. Follow Hwy 89 south to the intersection of Hwy 89 and Hwy 28 at Tahoe City. Take a right and follow Hwy 89 south to Sunnyside. Once at Sunnyside, look for Pineland Dr, and take a right. Follow Pineland Dr. and it will turn into Ward Creek Blvd. Follow Ward Creek Blvd for a mile, and you will see a dirt parking area on the right side. If you continue up Ward Creek Blvd you will see a sign for the TRT (Tahoe Rim Trail) on your right. This means that you missed the start, and found the end of the ride. So turn around and head back down .6 miles to the dirt pull out. Start your ride here.



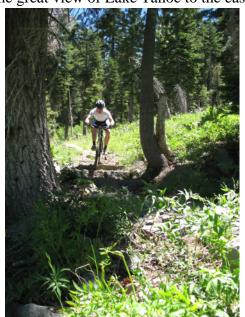
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Stanford Rock South Lake Tahoe (Red Trail) 11 miles 2125 ft. total elevation gain (Advanced)



From the dirt pull out, you will immediately cross Ward Creek. Then the single track trail will cut strait south up the hill side. This is a quick and rocky steep uphill and will flatten out in 100 ft. From here it is mostly impossible to get lost. The trail is well marked, and hard to loose. The trail will meander uphill for 3.2 miles from the start (see picture to the right), and give you first scenic overlook into a canyon on the west side. This is where the climbing gets steep. The trail continues uphill for .8 miles (4 miles from the start) where you will hit a momentary flat spot. Catch your breath here and take a look at the great view of Lake Tahoe to the east (see picture





above.) This last section is steep. It is .83 miles long and gains just over 800 ft and is steep and loose. Many people walk at least some of this last section. Once at the top you will be 4.83 miles from the start, so take a look at the views to the west (see first picture above.) They are stunning! Now get ready for the down hill. The down hill is fairly steep, and has many rock steps, one after the other. Some of the steps come up fast with unforeseen 90 deg turns, so be careful. From the top of the climb, you will continue in a westerly direction for .5 miles (5.33 miles) where you will intersect into the TRT (Tahoe Rim Trail.) Here the TRT turns left, west and heads west and will continue along the ridge for .8 miles where it will intersect into the Granite Chief Wilderness Area where bikes are not allowed. You will continue strait south, downhill to the north. This is where the trail gets very technical. Be very careful with the many rock steps and the sharp turns that come up on you fast. In 1.85 miles (7.18

miles) you will see a beautiful waterfall on your left as you need to make a 90 deg. turn to your right. The hardest part of this turn is that you are doing a step section while looking at the waterfall, and then you realize that the trail turns hard right. If you miss the turn you drop strait down into the creek below. So, if you want to look at the waterfall, STOP. If you want to ride, WATCH THE TRAIL. From here the trail mellows out. It gets faster, but still has some rock steps that come up on you quick. See the picture above. Continue from the waterfall .9 miles (8.1 miles) where the trail will cross over Ward Creek on a beautiful bridge. Once across the bridge, the trail completely mellows out, and will turn into a double track jeep road. Follow the trail / jeep road for 2.16 miles (10.26 miles) where you will have to go around a green gate to take a right on Ward Creek Blvd. Directly across Ward Creek Blvd is where the TRT picks up again and heads over to the intersection of Hwy 28 and Hwy 89. At this intersection, take a right and follow the road down hill to the west back to your car. This is now the end of the ride. Go take a swim in Tahoe.

